

A N N U A L N A R R A T I V E R E P O R T

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December 1, 1957

to

November 30, 1958

by

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Home Agent

Agricultural Extension Service

COCONINO COUNTY
ARIZONA

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I. PREFACE

This Narrative Report is a summary of the Agent's activities for the year beginning December 1, 1957 and ending November 30, 1958.

During this year Two Hundred and Sixty-three (263) days were worked, One Hundred and Fifty-One (151) of which were devoted to adult work, and One Hundred and Twelve (112) were devoted to 4-H Work.

The Agent wishes to thank all National, State, and County Extension Workers for their guidance and assistance.

This Agent has found her first full year in Coconino County very satisfactory.

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II. HIGHLIGHTS

During this year (1958) the organizations of the county have become greatly strengthened. They have acquired a better understanding of their County's Home Economics Extension Work.

County-wide program planning was held for the first time. Two county-wide meetings of Advisory Representatives, and two meetings of local organization were held to determine the Program for 1959. The Agent also did a summary of the Affiliated Homemakers in the county as a basis for this planning. Each organization in the county had a voice in the planning. It is felt that the Advisory Representatives have done an excellent job of planning a Program for 1959 for themselves, and for their neighbors. Subjects chosen for next year's (1959) Program are as follows:

1. Civil Defense -- First-Aid for Everyday Emergencies
2. Family Coordination -- Those Nagging Little Problems
3. Good Grooming -- Hair Styling
4. Better Use of Your Special Utensils
5. Family Clothing -- Mending and Repair
6. Creative Activities for Children
7. Stretching the Food Dollar -- Grocery Shopping
8. Laundry Methods and Detergents

The women participated well in the entire Home Economics Extension Program this year; especially so in the Clothing Work on Wardrobe Planning and Accessories, and in the Well-Rounded Holiday Meals portion of the Foods Work.

Home Economics Extension projects, as supervised or given by this Agent for the Year 1958 were as follows:

1. Health -- Check Home Hazards
2. Clothing
 - a. Wardrobe Planning
 - b. Choosing the Right Accessories
3. Foods and Nutrition
 - a. Better Family Nutrition -- The Importance of the Green, Yellow, and Other Vegetables and Fruits
 - b. Better Family Nutrition -- Protein Foods and Their Contributions
 - c. Well-Rounded Holiday Meals
 - d. Correct Use of the Freezer
4. Home Management
 - a. Women and Money
 - b. Plan Your Spending
5. Family Life -- Christmas Ideas

II. HIGHLIGHTS (continued)

One new Homemakers' Club was organized this year at the El Paso Natural Gas Compressor Station near Williams. It was organized after the Agent met with the women, at their request, and explained the working of the organization. It is proving to be a strong Club and will probably lead to further Homemakers' Work in the Williams area.

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III. ORGANIZATION AND PLANNING

It has been the aim of this Agent to work toward the fulfillment of the following objectives in the county:

1. To increase an awareness of the Homemakers' Program and its activities in the county
2. To increase the number of Homemakers' organizations
3. To reach communities where little Homemakers' Work has been done
4. To reach larger numbers of Homemakers by organizations (meetings), personal contacts, or mass media
5. To develop programs and dispense information that will appeal to the varying areas and interests of the Homemakers
6. To stimulate a desire for learning better homemaking practices by the Homemakers
7. To help the Homemakers acquire a knowledge of the latest and best practices
8. To encourage the Homemakers to adopt and use these practices
9. To help the Homemakers to receive and recognize the satisfactions made possible by the use of good homemaking practices.

The Agent feels that definite progress has been made on each of these aims. More people seem to recognize the program when it is mentioned and understand something of its working, than in 1957. This has been exemplified by the Agent's being recognized by a larger number of persons, by the increased requests for information, and by requests for talks at civic clubs. One Homemakers' Club has been added this year also. This is in the Williams area where little Homemakers' Work has been done previously. It was started with a nucleus from the Compressor Station, and is constantly widening its scope to include women of the surrounding area. Newspaper, radio, and circular letters have been big helps in this progress, as well as the personal contacts and meetings.

The Agent's monthly newsletter has made it possible for her to reach a larger number of Homemakers. Over 200 women are reached by this method each month.

III. ORGANIZATION AND PLANNING (continued)

This year was the first time the County has had its own Home Agent for the entire year. This made it possible for the programs and information to fit the needs and interests of the Homemakers more than in the past when they shared the program with Yavapai County. It is expected that in 1959, due to the planning which has been done this year, the program will be able to fit these needs and interests even better.

Work has been done on the last four objectives through method demonstrations, radio, newspaper, and circular letter information, the distribution of mimeographs and bulletins, and personal contacts and letters.

The Agent intends to continue working toward these objectives again in 1959.

A. ORGANIZATIONS -

The Sedona Homemakers, as always, have been very active in 1958. This is one of the groups in the county whose membership can be divided very nearly into thirds, between those who are young Homemakers (married 10 years or less), those married 10 to 20 years, and the older Homemakers (who have been married over 20 years). This makes for meetings with varied interests and great interchange of ideas.

The Cinder Hills Club, of East Flagstaff and Doney Park, has again come into its own this year. New vitality has been added in the form of some younger Homemakers from East Flagstaff. This year this Club has participated in all Leader Training, Program Planning, and other county meetings.

This year the Williams Homemakers' Club was organized at the El Paso Natural Gas Compressor Station near Williams. At first, it was composed only of women at the Compressor Station, but it has now enlarged to include women from the surrounding area. It is a very enthusiastic Club, composed mostly of young Homemakers. This year it has been represented at all county Homemakers' events.

III. ORGANIZATION AND PLANNING (continued)



Charter members of the Williams Homemakers' Club

During the 1957 year the Cameron Homemakers' Club was organized and dissolved. This year (1958), the Agent has worked with a group of fourteen women who meet for certain demonstrations on the Agent's schedule. Although no formal organization exists, the Agent finds that from one-third to one-half of the community's women attend these demonstrations, and the meeting place is well-arranged. The Agent feels that at some future date they may feel it is desirable to organize as a Club, and if they do so, it will be a fairly strong one.

During the year L. D. S. and Women's Club groups in Fredonia have participated in portions of the program which were taken to their community. Programs presented were: SELECTION OF ACCESSORIES, FREEZING FOODS, and HOLIDAY MEALS.

The Agent hopes that she will in the near future be able to organize enough Homemakers' Clubs to have a County Council.

III. ORGANIZATION AND PLANNING (continued)

B. PROGRAM PLANNING

This year Coconino County had its first county-wide Program Planning. In the past, this has been done jointly with Yavapai County. The following activities were used in planning:

1. Survey of affiliated Homemakers' groups by Home Agent
2. Preplanning Meeting with Representatives of various organized groups in the county
3. Report of meeting accomplishments to county groups by Home Agent
4. Interest-polling of groups by Representatives
5. Final Planning session by Representatives
6. Reports to County Groups
7. Drawing up of Program by Agent from information acquired at Planning Sessions

The aims of Program Planning are:

1. To study and evaluate the past Home Economics Extension Program in the county
2. To observe the needs, interests, and resources of the communities in the county
3. To discuss problems and interests with Representatives from the communities
4. To consider these in setting long-term and short-term goals for accomplishments
5. To arrive at a county-wide Home Economics Extension Program that will meet the needs and interests of the largest possible number of people
6. To plan for the placing of the responsibility for the execution of this so as to make best use of resources and strengthen over-all Home Economics Extension Program

III. ORGANIZATION AND PLANNING (continued)

7. To plan and carry on work so as to best fulfill the program outlined
8. To evaluate results of work carried out periodically, so as to have a basis for further planning

The Homemakers planning with the Agent this year did an excellent job of planning a program to fit their neighbor's needs and interests, as well as their own. The words, "I would like," were not heard at any planning session, but the words, "We would like," or "My group would like," were often heard. The Agent hopes that this type of expression will continue to exist in all future county planning.

Also stressed in this year's program planning was the fact that "Planning is Good Management." The Homemakers were made aware of the fact that by planning, they could get more of the information and services they want from the Home Economics Extension Program.

III. ORGANIZATION AND PLANNING (continued)

The following is an outline of the Home Economics Extension Program for 1959 to be carried out in Coconino County:

January	Health and Safety -- First-Aid for Everyday Situations. Club Planning of Individual Club Activities	(Leader)
February	Better Family Understanding -- "The Nagging Little Problems."	(Agent)
March	Good Grooming -- Hair Styling	(Leader)
April	Planting to Beautify Home Grounds	(Agent)
May	Better Meals from Your Special Utensils Meeting of Advisory Representatives for Program Planning	(Leader)
June	Country Life Conference (Tucson, June 2 - 5) Reports to Clubs on Conference Club Interpretation of Program Needs and Interests	(Leader)
July	Family Clothing -- Mending and Repair Meeting of Advisory Representatives for Program Planning	(Agent or Leader)
August	Some Creative Activities for Children County Homemakers' "Get Together."	(Leader)
September	Stretching the Food Dollar -- Grocery Shopping County Fair	(Agent)
October	Laundry -- In Relation to Detergents and Fabrics Meeting of Advisory Representatives for Program Planning Clubs Appoint Nominating Committees Beginning of New 4-H Year	(Agent or Leader)
November	Laundry -- In Relation to Detergents and Fabrics State Fair Election of Officers and Appointment of Subject Matter	(Agent or Leader) (Leaders)
December	Christmas Parties Installation Service	(Leader)

III. ORGANIZATION AND PLANNING (continued)

C. AGENT'S PROGRAM

The Agent met with the individual Clubs seven months this year.
The following projects were presented on these occasions:

1. Better Family Nutrition -- The Importance of the Green, Yellow, and Other Vegetables and Fruits (Foods and Nutrition).
 - a. Nutrients from these fruits and vegetables
 - b. Contributions of the nutrients to health and well-being
 - c. Preparation of vegetables to conserve nutrients
 - d. Ways to make vegetables more appetizing
2. Better Family Nutrition -- Protein Foods and Their Contributions (Foods and Nutrition)
 - a. Types of protein
 - b. Protein content of various foods
 - c. Supplementation of one protein food by another
 - d. Tips on cooking protein foods
3. Well-Rounded Holiday Meals (Foods and Nutrition)
 - a. Importance of balanced meals during the Holiday Season
 - b. Pattern for a day's nutrition
 - b. Preparation of a sample family menu
4. Correct Use of the Freezer (Foods and Nutrition)
 - a. Care of freezer
 - b. Packaging of meat
 - c. Packaging of vegetables
 - d. Packaging of fruits
5. Wardrobe Planning (Clothing and Textiles)
 - a. The value of wardrobe planning
 - b. Considerations in wardrobe planning
 - c. Group participation in making additions to wardrobe
6. Choosing the Right Accessories (Clothing and Textiles)
 - a. Value of the correct accessories
 - b. Fitting accessories to the wardrobe
 - c. Accessorizing garments by groups
7. Christmas Ideas (Family Life)
 - a. Gift wrapping
 - b. Gift ideas
 - c. Tree ornaments
 - d. Centerpieces and miscellaneous decorations

III. ORGANIZATION AND PLANNING (continued)

Other activities carried on by the Agent were:

1. County Fair supervision and arrangements
2. Talks to civic groups
3. Participation in various civic activities
4. Use of information media

The Agent feels that it is necessary to meet often with the individual Homemakers' Clubs. During the past year, the Agent has worked with the following groups: Three Homemakers' Clubs, two non-club homemakers' groups (one includes L. D. S. and Women's Club members); one Child Betterment Association; one L. D. S. Relief Society; the County Fair Superintendents of the Adult Home Economics Division; and various civic organizations.

D. EXTENSION-TRAINED LEADER PROGRAMS (1958)

This year three subjects were taught by Home-Economics-Extension-trained local leaders. These subjects were as follows:

1. Safety -- Check Your Home for Hazards
 - a. Listing of hazards in their homes by Club Members
 - b. Brain-storming on how they could be eliminated
 - c. Skit "Heavenly Days"
2. Women and Money (Home Management)
 - a. Women's importance in finance
 - b. Why women need to learn about money
 - c. Things every woman should know about her family's finances
 - d. Money's place in management
3. Plan Your Spending (Home Management)
 - a. Importance of short-and-long term planning
 - b. Planning for the year's cycle
 - c. Planning for the different stages of the family's cycle

These programs were successfully presented by the leaders. These are the reasons for nice presentations:

1. Careful selection of projects for leaders to carry
2. Interest of leaders in projects
3. Careful preparation of materials for leaders' use

III. ORGANIZATION AND PLANNING (continued)

E. CLUB PROGRAMS -- 1958

This year the Clubs carried two of their programs in addition to those carried by their leaders. The programs for these purely local Club Meetings were recommended to a degree, but received little or no assistance from the County Office. Arrangements were made by the Presidents and their committees. These are some of the purely Club Activities:

1. Sedona family picnic for county Clubs
2. Ginder Hills Craft Meeting
3. Sedona Special-Interest Meeting (chili peppers)
4. Williams' County Homemakers' Fashion Show and Tea
5. Club Christmas Parties

The Agent feels that it is a good idea for the Club to carry a certain percentage of their programs. The reasons for this are as follows:

1. It makes it possible for Clubs to have subjects that are of their local interest only
2. It permits the members to realize the abilities it has and its strength as a Club
3. It develops a sense of responsibility and achievement on the part of Officers and Leaders
4. Encourages the feeling that the Club belongs to the members and not to the Agent

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IV. CLOTHING AND TEXTILES

The objectives of the Clothing and Textiles Program for 1958 were as follows:

1. To have homemakers and girls see the value of planning their wardrobes and accessories to fit them.
2. To make it possible for women and girls to have an increased number of ensembles available in their wardrobes for all occasions, without an increased monetary expenditure (by planning and the development of better sewing skills).
3. To improve the appearance of women and girls by better coordinated ensembles.

A. WARDROBE PLANNING

The Agent presented this lesson to all Homemakers' Clubs and the homemakers' group in Cameron. She was assisted in the preparation of material by Helen Church, Extension Clothing Specialist.

The following sequence was used in the presentation of the information:

1. Steps of Wardrobe Planning
 - a. Inventory of garments on hand
 - b. Inventory of their condition
 - c. Consideration of activities for which one must dress
 - d. Consideration of becoming colors
 - e. Consideration of becoming lines
 - f. Listing of garments needed
 - g. Choosing the items that can be allowed for in the budget
 - h. The consideration of accessories
2. Typical garments for certain types of activities according to different personalities of women
 - a. Sports
 - b. At-home wear
 - c. Shopping
 - d. Church and dressy occasions
 - e. Parties
3. Considerations of how the clothing-dollar might be spent
4. Design, color and fabric consideration (group participation)

IV. CLOTHING AND TEXTILES (continued)

After Points One through Three had been presented by flannelgraph, a chart was brought out that depicted a woman and a possible wardrobe. Fabric samples were attached to the pictures of garments. The chart was first discussed from the viewpoint of the relation of the garments to the woman as to colors for her own coloring, and designs for her possible activities. Next, it was discussed in regards to the relationship of the garments in color, texture and design. From the cut-outs of many different styles of dresses and other spring clothes, together with numerous fabric samples taken to the meeting, ladies volunteered to try to choose a style and fabric for some article of apparel to fit the wardrobe chart. When they had made their choices, the group as a whole discussed the pros and cons of them. This was followed by the women doing a similar thing for themselves.

Clothing inventory blanks (which were obtained from the State Office) were also given to all the ladies who wanted them. The demonstration seemed to be greatly enjoyed and many of the ladies seemed to have gotten an understanding of the need for planning.

Some of this same material was used again later in the year in 4-H Training in Clothing Judging.

B. CHOOSE THE RIGHT ACCESSORIES

This lesson was given by the Agent to all the Homemakers' Clubs and to groups at Cameron and Fredonia who have no formal organization. The steps in presentation were as follows:

1. Illustrated Talk by Agent

- a. Importance of accessories in giving variety to wardrobe
- b. Over-accessorizing
- c. The art principles in relation to accessories
- d. Value of good-quality accessories
- e. Importance of versatility in accessories
- f. Accessories and the wearer
- g. Jewelry
- h. Gloves
- i. Handbags
- j. Shoes
- k. Hose
- l. Hats
- m. Necklines
- n. Tricks for evaluating accessories in relation to costume

2. Group Participation

After the illustrated talk the Agent brought out several dresses which she had borrowed from the various merchants. The women chose accessories for these dresses from the collection that the Club Members

IV. CLOTHING AND TEXTILES (continued)

had brought to the Meeting. As each garment was accessorized, the ladies discussed the reason for the accessories being chosen. Several Club Members brought garments with which they had difficulty accessorizing to their Club Meeting. The women of the Club discussed the possible accessories for the garment. Each of the ladies who brought a garment went home with one or more ideas on how it could be satisfactorily accessorized. This lesson was received with enthusiasm.

C. OTHER ADULT WORK

During the year, this Agent did a survey of Extension-Affiliated Homemakers, a portion of which related to this area. The information related to the following subjects: (1) Incidence of home sewing, (2) articles constructed by homemakers, (3) articles purchased ready-made by homemakers, (4) construction difficulties encountered, and (5) subjects that would be helpful in this area.

Another method used by this Agent was the inclusion of information on this subject in each of her monthly newsletters during the year. One month, the leaflet "FABRIC FACTS FOR BUYING BEST DRESSES" was enclosed in all copies mailed.

A good deal of clothing information was also brought to the attention of Homemakers through this Agent's radio broadcasts and news articles. Most of this information was concerning the selection and care of wearing apparel.

D. 4-H CLOTHING WORK

1. Leader Training Meeting

In December, 1957, a Clothing Leader Training Meeting was held on "THE USE AND CARE OF THE SEWING MACHINE." At this meeting, the first three units of training material provided by Singer were covered. Also included in the Meeting were instructions on the use of Extension Leader materials and a display of sample articles which are made in Clothing I. The Meeting was attended by six new Clothing Leaders, and brought all Leaders up to the same point in this training. The same type of Meeting is planned for next year's new Leaders.

IV. CLOTHING AND TEXTILES (continued)

2. Illustrative Material

During the year, this Agent worked up illustrative material for use by the Clothing Leaders. This included the following:

- a. Articles made in Clothing I
- b. Fabric swatch kit (color)
- c. Color type guide
- d. Influence of line
- e. Wardrobe planning ability test chart

3. Training of 4-H Members in Clothing Judging

A session on Clothing Judging was held by the Agent at the home of Mrs. Paul Roberts in Sedona. At this session, 4-H'ers judged and discussed cut-outs of garments and girls of different color-types in relation to one another. A sample wardrobe was set up for one girl and then girls were asked to make additions of coats, blouses, skirts, sweaters and shoes and give reasons for their selection. This was followed by the County Dress Revue from which Chris Longfellow of Sedona was chosen as the representative from Coconino County. After the Dress Revue, the garments were examined for construction by the 4-H Judges and different points were discussed.

On one afternoon, the girls who were to participate in Roundup were invited to come into the Agent's office and study materials from her files on buying ready-to-wear, and wardrobe planning, and to receive her assistance in interpreting it.

4. County 4-H Judging

During the Elimination Days a session was devoted to Clothing Judging. The rings were as follows:

- | | |
|-------------------|--------------------------|
| Clothing I | - Aprons |
| Clothing II | - Skirts and Blouses |
| Roundup Eligibles | - Skirts and Blouses |
| | - Ready-to-Wear Garments |

The Agent was disappointed that only nine girls participated in this activity.

5. Exhibits

The Agent was pleased to see nice exhibits at the 4-H Division of the County Fair and at Achievement Days in this project. The participation at the Fair is believed to have excelled that of previous years. At two Achievement Days (Sedona and the combined Tall Pine Aggie and Coconino Cookie) members exhibited 100% of items made.

IV. CLOTHING AND TEXTILES

6. Local Club Assistance

This Agent attended at least one meeting of each project group during the year. On these occasions, progress was checked and assistance given where needed.

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V. HOME MANAGEMENT -- HOUSE FURNISHINGS AND SURROUNDINGS

During this year the Homemakers' Program was concerned primarily with making the best use of the dollar. (Laundry also received some consideration). The objectives of the work in this area were as follows:

1. To have women see the importance of the way in which they handle money
2. To impress upon women the tremendous amount of the money they as a group control
3. To create a desire in the women to handle money wisely
4. To encourage homemakers to evaluate their spending
5. To help them see that by planning their spending, they can have more of their desires fulfilled
6. To help them to plan to spend wisely
7. To help Homemakers increase their knowledge of laundry equipment, procedures, and detergents.

A. WOMEN AND MONEY

A Homemakers' Leader Training Meeting on this subject was held by the Agent at the Recreation Hall of the El Paso Natural Gas Compressor Station at Williams, May 29. Each Homemakers' Club in the county was represented. The subject was covered in the following sequence:

1. Women's Importance in Finance
 - a. Amount of consumer buying done by women
 - b. Wealth owned by women
2. Why Women Should Learn About Money
 - a. Family emergencies
 - b. Better use of family money
 - c. Better family understanding
3. Things women should know about their families finances
 - a. Kind and location of checking and savings accounts
 - b. Amount and kind of insurance
 - c. Other financial assets
 - d. Financial obligations
4. Money's place in Management
 - a. One thing we have to spend
 - b. Expenditure in relation to time and energy

V. HOME MANAGEMENT -- HOUSE FURNISHINGS AND SURROUNDINGS (continued)

The lesson as it was to be given by the local leaders was presented by the Agent. After the lesson, the leaders discussed with each other and the Agent several points on its presentation. Each leader was given flannelgraph material for use in presenting the lesson, an outline of the lesson, and mimeographed information for each member of her club. The leaders were also assisted in making up a list of questions to encourage discussion on the subject at their Club Meetings. The following month this lesson on "Women and Money" was given to the Clubs in the County by their local leaders.

B. PLAN YOUR SPENDING

This Agent held a Leader Training Meeting on this subject in Sedona at the home of Mrs. Thomas Thomas at 1:30 P. M., August 5th. Each Club in the county sent two Leaders to this Meeting. The information was taken up in the following order:

1. Importance of short-and-long term planning
 - a. Difference in the two
 - b. Place each has in the family's financial security
2. Planning for the year's cycle
 - a. Source of income -- regular or irregular
 - b. Total yearly income
 - c. Unavoidable monthly and yearly expenses
 - d. Preparation for the periods of heaviest expenses
3. Planning for the different stages of the family cycle
 - a. The family cycle
 - b. Expected weight of expenses for each cycle
 - c. Expected period of greatest productivity
 - d. Preparation for different stages
4. Possible rewards for planning

Flannelgraphs were used by this Agent to present this information and to give example of how it could be presented by the leaders. Each leader was provided with the flannelgraph material and copies of mimeographed material for her members. With the small number of leaders, the Agent was able to work out guides for presentation with them individually.

The women seem to have enjoyed their studies of money management. This general information has inspired their interest in study of better management in regards to specific types of purchases such as clothing and foods.

V. HOME MANAGEMENT -- HOUSE FURNISHINGS AND SURROUNDINGS (continued)

C. MONEY MANAGEMENT WORKSHOP

This Agent attended a Money Management Workshop in Phoenix March 24th. As preparation for this Workshop, she conferred with some of the local business houses and lending concerns about the types of credit offered in this locality and the cost of such credit.

At the Workshop, many ideas were received which were used as the Agent conducted her programs in this area during the year. Since most of the work was done through Leader Training, the tools were especially useful to give to the Leaders. The Agent feels that this is a very important subject and that the Workshop was a very refreshing help in its presentation of new ideas and review of ones previously covered.

D. OTHER ADULT WORK

During the year, this Agent did a survey of Extension-affiliated homemakers. A portion of this survey was related to this subject matter area. It covered the following topics:

(1) Number and kind of large and small appliances, (2) Families with a spending plan, (3) Families with insurance, (4) Types of insurance carried, (5) Biggest housekeeping problems, and (6) Subjects that would be helpful in this area.

In each monthly Homemakers' Newsletter during the year, this Agent included something on this subject matter area. Often this information was on furnishings and equipment or management principles.

This Agent used her radio broadcasts and news articles to bring information on this subject to the attention of Homemakers during the year. The largest portion of this was concerning the use and care of furniture and appliances.

Information was also given to women through personal contacts, such as office calls and home visits.

E. 4-H WORK

1. Room Improvement Workshop

This Agent attended a Room Improvement Workshop in Tucson January 31st and February 1st. She feels that this time was very well spent because it cleared up a high percentage of her confusion as to what the requirements of the different Room Improvement Projects are. After returning to the county, this Agent began acquiring the materials necessary for the different room improvement projects. With this material, a notebook was made containing all the materials that different leaders of these projects would need.

V. HOME MANAGEMENT -- HOUSE FURNISHINGS AND SURROUNDINGS (contined)

Since there were no Room Improvement Projects in this county this year, this Agent encouraged some for another year. The Workshop gave her several ideas which she used to stimulate interest in the project. It was felt that if the Leaders of this county were more familiar with the project that a number of youngsters would be interested in taking it. This has proved accurate, for since this Agent has been working with them to encourage interest and understanding of this project, three small projects are in existence for the 1959 Year. The making of an article included in the requirements made the Agent sincerely feel that samples of all articles need to be made by the Agent before she attempts to work with Leaders and 4-H'ers on them. This is so that she will be able to interpret the instructions accurately. She also appreciates the insight given her by the Workshop.

2. Home Visits

During the year this Agent made a point of visiting leaders of each Club, with the notebook mentioned above. If the leaders were interested, she would loan the book for more thorough study. This Agent feels that it was important to encourage interest in this project to make the county program a better-rounded one.

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VI. FOODS AND NUTRITION

This Agent considers the nutritional status of rural people in Coconino County to be good. Few cases of disease directly traceable to poor nutrition occur. The nutrition work which has been carried on in this county for several years has been quite effective. A survey of Extension-affiliated Homemakers showed that over 80% of them were capable of planning balanced meals for their families. The biggest concern of the Homemaker now seems to be how to keep the food expenditures in line with the budget.

The women are even becoming quite suspicious of the nutritional value of all ready-to-eat packaged foods. This Agent believes that credit for this is due the 1957 Program on that subject.

The objectives of the Program this year (1958) were as follows:

1. To improve nutrition
2. To increase variety in meals
3. To improve meal planning
4. To develop the desire in Homemakers to be more conscientious about the meals they serve their families
5. To improve general knowledge of care of freezers
6. To help homemakers learn correct wrapping procedures

This Agent feels that the Program carried out this year has applied toward the fulfillment of all the above-mentioned objectives. During the year, the women have developed more definite ideas as to what they want for their families in the way of food preparation and nutrition.

A. BETTER FAMILY NUTRITION -- Importance of Green, Yellow, and Other Vegetables and Fruits

This Demonstration was given by the Agent to all Clubs. In the presentation of this subject, the following information was given:

1. Nutrients from these fruits and vegetables
 - a. Vitamin A
 - b. B-Complex vitamins
 - c. Minerals
 - d. Other nutrients
2. Contribution of these nutrients to health and well-being
3. Preparation of the foods to conserve nutrients
 - a. Use small amount of water for cooking
 - b. Simmer -- do not boil
4. Ways to make vegetables more appetizing
 - a. Sauces
 - b. Herbs and spices

VI. FOODS AND NUTRITION (continued)

To make this lesson easier for the Homemakers to understand, charts of nutritive values were used for point one. A film was shown and discussed in relation to point two. Point three was taken care of by discussion, and the actual cooking of green beans. Sauces, herbs and spices were discussed in regards to point four. Each woman was given a copy of the U. S. D. A. Pamphlet, "GREEN VEGETABLES FOR GOOD EATING;" also, a mimeograph containing information on the nutrients, and a herb and spice chart for vegetables.

As a result of this Demonstration, many women reported that they were serving more vegetables and fruits to their families. They also reported that their families accepted vegetables better since they had learned to use herbs and spices in their cooking of them.

B. BETTER FAMILY NUTRITION -- PROTEIN FOODS AND THEIR CONTRIBUTION

This Agent presented this lesson on "BETTER FAMILY NUTRITION -- PROTEIN FOODS AND THEIR CONTRIBUTIONS" to all the Homemakers' Clubs in the county. The information was given in the following sequence:

1. Types of proteins
 - a. Complete
 - b. Partially complete
 - c. Incomplete
2. Amino Acids
 - a. Known
 - b. Essential
3. Protein Content of Various Foods
 - a. Foods of animal source
 - b. Foods of plant source
4. Supplementation of one Protein Food by another
 - a. Plant and animal such as cereal and milk
 - b. Adding proteins up to day's requirements
5. Tips on Cooking Protein Foods

Charts were used to illustrate all this information. Question-and-Answer and Idea-Exchange periods were used. During the Question-and-Answer period, cooking of protein foods was discussed to great length. This was followed by exchange of ideas for main dishes by the ladies. The bulletin, "MONEY SAVING MAIN DISHES," and mimeographed information on protein were both distributed to the club members. It seems that the portion of this information that received the best results was that on cooking methods. Many Homemakers had not previously learned the importance of temperatures.

VI. FOODS AND NUTRITION (continued)

C. CORRECT USE OF THE FREEZER

This Demonstration was given by the Agent to all the Homemakers' Clubs and the other two cooperating groups in the county. The following information was covered.

1. Cost of freezing
2. Care of freezer
3. Importance of correct temperatures
 - a. Freezing
 - b. Storing
4. Packaging materials
5. Preparation and packaging of foods
 - a. Vegetables
 - b. Fruits
 - c. Meats
 - d. Baked goods

Charts were used to illustrate points one and three. Samples of the various kinds of wraps on the market were shown to the ladies and discussed. To illustrate the proper preparation of vegetables for freezing the Agent prepared and packaged green beans before the groups. Fruits were illustrated by the packaging of either nectarines or peaches. Mock baked goods and meat were packaged. Real meat was not used because there was such a chance of spoilage. Since a great problem in this county seems to be the selection of varieties that will freeze well, the Agent compiled a list of fruit and vegetable varieties recommended as giving a good product when frozen. At each meeting the Agent displayed the following bulletins on freezing: "HOME FREEZERS -- THEIR SELECTION AND USE," "HOME FREEZING OF FRUITS AND VEGETABLES," and "FREEZING COMBINATION MAIN DISHES." The ladies were allowed to take whatever of these bulletins fitted their needs. The ladies seemed conscientious about selecting only those that they would use and not duplicating those which they already had at home.

As a follow-up on this Demonstration, this Agent wrote news articles and gave radio broadcasts on things pertaining to this subject. Subjects like "ANTI-DARKENING AGENTS," and "USE OF THE FREEZER" were used.

VI. FOODS AND NUTRITION (continued)

D. BETTER FAMILY NUTRITION -- WELL-ROUNDED HOLIDAY MEALS

This Agent prepared and presented this Demonstration on "BETTER FAMILY NUTRITION -- WELL-ROUNDED HOLIDAY MEALS," to each of the co-operating groups in the county. The emphasis of this Demonstration was better everyday meals during a season when haste might cause poor eating habits (when extended activities make a good diet more important than ever.) Information was covered in the following sequence:

1. Importance of balanced meals during the Holiday Seasons
2. Patterns for day's menu
3. Preparation of sample menu
4. Idea exchange by group

Discussion was given by this Agent on points one and two while the ladies followed the information on mimeographed materials. With the help of the Club members, the Agent prepared a meal that could be done in approximately 45 minutes. Variations of the menu were discussed, the end result being that the women went home with a number of menu ideas.

A mimeograph, "WELL-ROUNDED HOLIDAY MEALS," was prepared and distributed. At the beginning of this, a dietary pattern was given. This was discussed in length. Each person attending was provided with a pencil to take note of suggestions made by the Agent and other members of the meeting. Various foods bulletins were displayed after the meeting and members were given the opportunity of choosing the ones they needed. The Agent feels that this was one of her best-accepted Demonstrations and it received quite a good deal of member-participation from each group. Although this was only recently given, this Agent has had many reports from the women on how they have used the information.

E. FOODS WORKSHOP

March 25 and 26 were spent by this Agent in Workshop on Meat Cookery and Freezing. The discussion on grades and quality of meats was very enlightening to the Agent. Women often ask questions about these things, so the information has been very valuable to this Agent. Some of the other information on meat was helpful to the Agent in her April Demonstration on Protein Foods. The Agent tried her hand at preparing some vegetables for freezing during the freezing Workshop. From this Workshop the Agent brought back many materials which she

VI. FOODS AND NUTRITION (continued)

incorporated into her Demonstration on Freezing in July. Having an opportunity to participate in the Workshop was very helpful to the Agent as she had not had the opportunity to work with freezing in the last two years. The sources of information mentioned also helped her to brush up on freezing practices so that she was better informed when it was time to teach them to the ladies of Coconino County.

F. OTHER ADULT WORK

This year this Agent conducted a survey of Extension-affiliated Homemakers. A portion of this applied to this subject matter area. Related information tabulated was on the following subjects: (1) How Homemakers analyse food purchases, (2) Impulse buying of food, (3) Built-in maid service in foods, (4) Pattern of family eating, (5) Foods stored in home freezer, (6) Food problems, (7) Subjects that would be helpful in this area, and (8) Incidence of outdoor cookery.

Each month a portion of the Homemakers' newsletter was devoted to this subject. The bulletin, "BEEF IN THE FAMILY MENU," was included in one of this summer's mailings, and the Christmas bulletin was included in the November mailing for December.

Information on Foods and Nutrition were also provided Homemakers through radio broadcasts, news articles, and personal contacts, such as office calls and home visits.

G. 4-H WORK

1. Menu Assistance for Camp

This Agent met with the Leaders for two of the Clubs attending the County 4-H Camp to help them plan their menus for Camp. With one Club, it was only the making of minor changes on the previous year's menus. With the other Club, Tall Pine Aggies, it involved more extensive planning and hints for shopping to cut down the price paid for the food.

2. Training in Foods Judging

Three sessions of judging were held by this Agent. One was held at the Harold Longfellow home in Sedona on July 7th. The subjects of this session were "CONVENTIONAL METHOD CAKES," and "THE EQUIPMENT FOR CONVENTIONAL METHOD CAKES." At this session the girls judged cakes and equipment. The second session was held in conjunction with the

VI. FOODS AND NUTRITION (continued)

County Elimination Days. At this session, the girls judged as follows:

First Year	-	Biscuits
Second Year	-	Muffins
Roundup Eligibles	-	The Market Basket

The last session was held by the Agent in Sedona on August 7th. At this session, 4-H'ers had the opportunity to judge yeast breads, table setting, and a list of dairy foods. Each person had a chance to practice table setting for different menus. The judging rings and practice table settings were discussed at length.

In addition to these three sessions, on the afternoon of August 21st, the girls who were to judge foods at Roundup were given a review session by the Agent at the Brechan home in Flagstaff. Here they again discussed table setting. They then reviewed the things one looks for in cakes and yeast breads from their foods books. Next they went through the portions of their foods books on nutrition. Last, they set up what would be ideal equipment for making a conventional-method cake.

Approximately twenty girls participated in these activities, seven of whom were eligible for Roundup.

3. Exhibits

Foods exhibits at the 4-H Division of the County Fair and at Achievement Days were very good this year. There were the largest number of foods entries that we have ever had at the Fair. The exhibits at the combined Coconino Cookie-Tall Pine Aggie Achievement Day outnumbered those at the Fair. This was because there was 100% food-project-member participation. Every Achievement Day Program had some food exhibits -- even the Parks group.

4. Local assistance

During the past year (1958) the Agent visited most of the project groups in the county for at least one meeting. At these, she was able to check progress and give needed information. Much information was also given to leaders through personal contacts and by mail. This Agent feels that the Leaders did a good job. They all had a high percentage of completion.

Because this Agent felt that there was a great need for foods work in the Parks group, she conducted a project there. She met with this group of boys and girls for meetings from May through September. Although all but two members (who dropped at the beginning of the

IV. FOODS AND NUTRITION (continued)

project) completed, this Agent was not of the opinion a great deal was accomplished. All that the group seems to have learned was how to measure accurately and how to make vegetable reslishes; also they learned of the existence of some new vegetables (such as red cabbage) and how to set a table. This Agent is doubtful of the practice to which they will put this information.

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VII. CHILD DEVELOPMENT AND FAMILY LIFE

Since this Agent feels that better understanding between members of the family is very important, she has made efforts by various methods to include some information on this subject in the county program.

During the year this Agent wrote a mimeograph, "YOU AND YOUR CHILD." It was planned to help anyone who works with children. Since such a high portion of the women who are affiliated with the Extension Program are Homemakers with young children, this has been quite popular. It has been very helpful to the Sedona group with their baby-sitting for Homemakers' Meeting, by helping them encourage women to take on the job. The publication was also used for reference by Homemakers who took care of children during the summer (for pay). This Agent also used it to assist a group of young mothers in Flagstaff who organized for six weeks (six meetings) to study Child Development.

This Agent received the privilege of attending a portion of Arizona's Child Development and Family Life Conference sponsored by the University's Schools of Home Economics and Nursing. On August 15th, she presided at the afternoon session, which was the summary of the Conference.

In February, this Agent attended Arizona Library Week Conference Meeting in Flagstaff. Following that Meeting, she worked with other groups in the county to promote better library facilities, and tried to promote more and better family reading through her Homemakers' groups. She encouraged participation in Library Week activities also. The results of this were in most cases only that it made the groups so contacted, aware that these activities existed. The Sedona group, however, has been taking advantage of the Bookmobile service and helping with its program in Sedona.

The Agent encouraged the women of the county to attend Country Life Conference June 2 - 5. Only three women (from Sedona) were persuaded to attend. They were as follows: Mrs. Thomas Thomas; Mrs. Bill Etter; and Mrs. Herbert Alf. Since the Conference, interest has increased and it is believed that Coconino County will have better representation next year.

In November the Agent gave a Demonstration to all the Homemakers' Clubs in the county on "Christmas Ideas." Ideas were included for tree ornaments, centerpieces, wrappings, gifts, and miscellaneous decorations. At these meetings, the homemakers also contributed ideas, which made it a very nice session.

A portion of the survey of Extension-affiliated Homemakers was devoted to this subject. The information tabulated related to the interest of the Homemakers in having something included in their program on family and in which of the areas (personality development, child care, understanding children, understanding teen-agers or older people in the home) they were interested.

VII. CHILD DEVELOPMENT AND FAMILY LIFE (continued)

Radio broadcasts and news articles were also used during the year by this Agent to bring this subject to Homemakers' attention. The information was devoted almost entirely to understanding of children and creative activities for them.

Some work was also done in this area by individual contacts at meetings, home visits and office calls. Occasionally, information was included in Homemakers' Newsletters.

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VIII. HEALTH AND SAFETY

Good health is an important part of the entire Home Economics Extension Program. All phases of Homemaking (Nutrition, Clothing, Home Management, and Family Living) are important considerations as to whether health will be good or bad.

A. HAZARDS IN THE HOME

All the Homemakers' Clubs in the county had information on this subject for their January Meetings. The objectives of this project were as follows:

1. To increase awareness of accident hazards around the home
2. To initiate a desire to remove all hazards possible from the home
3. To teach safer ways of doing everyday tasks

At all meetings, the skit "HEAVENLY DAYS" was performed. At the one Club that did not have election of officers on their program, each Homemaker listed as many hazards as she could remember seeing in her community. These lists were gathered and a list for the club compiled for them. Then, the club as a whole thought of ways they could alleviate these hazards.

B. CRIPPLED CHILDREN

This year 4-H'ers as well as Homemakers contributed generously of their time, effort and money to the Polio Drive. Sedona Homemakers, as in the past, furnished refreshments for the community Fashion Show given on behalf of the crippled children. This Fashion Show netted a couple hundred for the Crippled Children's fund this year. The Cinder Hills Homemakers have worked all year to collect or buy articles, such as towels and clothing to send the Crippled Children's Home for Christmas. Other Clubs have contributed workers for such tasks as mailing fund-campaign information.

C. CHEST X-RAY

Coconino County Homemakers assisted with the clerical work of the mobile chest x-ray unit when it was in their areas. Because of the high incidence of TB in the State, conscientious Homemakers make every effort to see that their entire family is x-rayed annually.

D. RED CROSS

Homemakers' Clubs participated in the Red Cross Fund Raising Campaign this year. They contributed workers as well as money from their Club funds.

VIII. HEALTH AND SAFETY (continued)

E. OTHER ACTIVITIES

The Agent requested information in this area on the survey of Homemakers. The information related to the following: (1) Degree of safeness of the homes, (2) Participation in county health programs, (3) Immunization against diseases, (4) Health and safety problems of the community, and (5) Subjects that would be helpful in this area. She was very pleased to find that over 90% of the women rated their homes as excellent or good in regards to safety.

Coconino County's Junior 4-H Leaders presented a portion of the program on health at the Leader Conference in Tucson last June. They were David Dobrinski, Terry Todd, and Kay Sue Wohlschlegel.

During the past year this Agent has brought Health and Safety to the Homemakers' attention in many ways. Among these were: Giving radio broadcasts, writing news articles, and putting notices in the Homemakers' Newsletters.

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IX. RECREATION AND COMMUNITY LIFE

Most Homemakers' groups try to have some sort of recreation. Most of the planned recreation is of the type that is adaptable to participation by the family.

Homemakers' Clubs usually have some type of recreation at each Meeting. These are the types of recreation most often used:

1. Songs
2. Games
3. Auctions
4. Drawings
5. Refreshments

The Agent has encouraged more songs and games because of their value to the spirit of group participation. Because of meeting facilities, this is not done very often.

Two county-wide recreational events were held this year. Although the size of the county hinders such events, they received good participation. These events were as follows:

1. Sedona County Homemakers' Club Picnic

The County Homemakers' Club picnic in Oak Creek was sponsored by the Sedona Club. At this time the Club groups mingled in informal discussion of their work; then a pot-luck lunch was served and games were conducted by the leaders and the Agent. Approximately thirty adults and children participated in this event. Threats of rain, which materialized before the completion of the planned activities, kept many Homemakers and their families away. It was very evident that those who did attend had quite an enjoyable time in spite of the rain.

2. County Homemakers' Tea

On October 7 the Homemakers' Club at Williams played hostess to the other Homemakers' groups in the county by giving a tea and Fashion Show. The purpose behind this was to present an opportunity for the groups to get together and exchange ideas, as well as provide worthwhile entertainment. The Agent feels that this was the most successful county-wide event concerning Homemakers that has occurred since she has been in the county. Nineteen women from Williams gave a very professional Fashion Show which provided entertainment. The Agent gave a talk on Home Economics Extension (what it is and how it works). These

IX. RECREATION AND COMMUNITY LIFE (continued)

were followed by the tea (which was graciously and appropriately served). Before the program got formally under way, and during the tea, everyone was encouraged to meet someone from another locality and chat about Homemakers' Activities. All the areas in which the Agent now works were represented. Several of the ladies present had not previously attended or participated in any Homemakers' Activities in the county.

The Agent feels that these social events on a county-wide basis have been very valuable. Some of the beneficial purposes they have served are as follows:

1. They help the women become better acquainted and thus make it easier for them to work and plan together
2. They foster pride in the individual communities for its accomplishments
3. They facilitate an exchange of ideas by homemakers
4. They help develop a more unified county atmosphere by instilling the women with the feeling that they are a part of one big, worthwhile county program

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X. EXTENSION INFORMATION

A. RADIO

This Agent gave 51 five-minute broadcasts over Radio Station KCLS this year (1958). The time was devoted to the following subject areas:

1. Clothing and Textiles
2. Home Furnishings and Home Management
3. Foods and Nutrition
4. Child Development
5. Health and Safety
6. 4-H Work
7. Homemakers' Club Work
8. County Activities

B. NEWSPAPER

During the year this Agent had a column in the Williams News (Williams) and shared a column with the County Agent in the Arizona Daily Sun (Flagstaff). One hundred and one articles were written for the two papers. These articles pertained to the same subject areas as the radio broadcasts listed above.

C. BULLETINS AND MIMEOGRAPHS

In order to carry on the program effectively in the county, quite a volume of mimeographed material was prepared. Many of the projects undertaken required special material to be mimeographed to accompany it. Mimeographs were prepared in the following areas by this Agent:

1. Foods and Nutrition
 - a. Green and Yellow Vegetables
 - b. Proteins
 - c. Well-Rounded Holiday Meals
 - d. Varieties of Fruits and Vegetables for Freezing
2. Clothing and Textiles
 - a. Accessory Evaluation Sheet
 - b. Accessories Leaders' Guide
 - c. Make Your Own Belt

X. EXTENSION INFORMATION (continued)

3. Home Management

- a. Women and money
- b. Plan your spending

4. Child Development -- You and Your Child

5. Health and Safety -- Heavenly Days

6. 4-H Information

- a. Circular letters (announcements)
- b. 4-H Records

7. Organization and Planning

- a. Homemakers' Survey Sheets
- b. Homemakers' Summary
- c. Resume of Program Planning Session
- d. Home Economics Extension Program for 1959
- e. Home Economics Extension Program for 1958

8. Circular Letters

- a. Homemakers' Newsletter
- b. Miscellaneous Announcements

Bulletin Board Displays in the banks were continued this year. Each Bulletin Board features one Home Economics and one Agricultural Bulletin. These are changed approximately every two weeks. The Home Agent has helped with activity by selecting the Home Economics bulletin for display, and by occasionally changing the display. These displays bring in several calls for bulletins each month.

A display of clothing bulletins at the Junior Women's Club's Home Sewing Fashion Show brought several calls for clothing bulletins in the spring.

D. HOMEMAKERS' NEWSLETTER

This Agent prepared a newsletter each month during the year for Homemakers in the county. Subject areas handled each month were as follows:

- 1. County Activities
- 2. Home Management and Home Furnishings
- 3. Clothing and Textiles
- 4. Foods and Nutrition

X. EXTENSION INFORMATION (continued)

Occasionally information was included on Child Development, Health and Safety and 4-H Work. At present this newsletter has a mailing of 249 copies per month.

E. VISUAL AIDS

This year this Agent used the following types of Visual Aids as well as method Demonstrations:

1. Movies
2. Flannelgraph
3. Charts
4. Flash Cards
5. Chalk Board
6. Posters

XI. MISCELLANEOUS

A. HOME AGENTS' CONFERENCE

In June, this Agent attended the Home Agents' Conference. From the ideas presented on program planning, the Agent used several in Program Planning for Coconino County. For another year, she plans to more consciously plan the year-round, as Miss Gibbs illustrated. She has used the method of showing what has been done in the past and where untouched areas lie, presented by Miss Ryan.

B. NATIONAL HOME DEMONSTRATION WEEK

The Agent encouraged the Homemakers' Clubs of the county to recognize National Home Demonstration Week, May 4 to 10. All the Clubs in the county complied with her request to recognize it.

The Sedona Homemakers' Club ran illustrated articles in the Sedona "Spectator" announcing National Home Demonstration Week. The columns gave information on the meaning of Homemakers' Clubs and activities of their Club.

The Gabbing Gassers Homemakers' Club of Williams set up a window display in the Williams Variety Store. In it they illustrated the various lessons that are taught in Homemakers' Clubs. Some of the subjects and way illustrated are as follows: A meal of artificial food was used to represent meal planning. Fabric, pattern, scissors, beads, flowers, and a handbag were used for clothing (construction, selection and accessories). Miniature housekeeping equipment was used for home management. An aluminum tray and copper work were used to represent work in crafts. A center piece of dried materials was made and used with a poster to announce National Home Demonstration Week and their Club.

A window display was made in the window of Arizona Public Service in Flagstaff by the Cinder Hills Homemakers' Club of Doney Park. They used as a theme the work that they had done the past year on clothing construction techniques.

Both the window displays included bulletins representing the various subjects on which information is available from the Home Agent's office.

C. PARLIAMENTARY PROCEDURE

This Agent worked with all Homemakers' Clubs in the county to improve their parliamentary procedure for meetings. The most satisfactory results were obtained with the Williams and Cinder Hills groups. This was probably due to the fact that they had the most need for such training. This Agent has been proud of the way all Clubs conduct their meetings.

XI. MISCELLANEOUS (continued)

D. COUNTY FAIR

The enlarging Coconino County Fair has potentialities for an outstanding county Fair. Some of the assets are as follows:

1. Plenty of ground space
2. Well-cared-for groups with sidewalks
3. Buildings, which with repairs, will be exceptionally nice
4. Plenty of parking space
5. Growing county interest in the form of exhibitors and workers

For the second time, the Jaycee-Ettes served as Superintendents of the Adult Home Economics Division. This Agent feels that they did an excellent job, and have been very helpful to her in all things regarding the Fair.

In December, the Agent met with the Jaycee-Ettes, and, with their assistance, revised this portion of the Fair Catalog. Plans were also made at that time for improvements in the operating of this department.

In May, this Agent again met with the Jaycee-Ettes to discuss the revisions and plan for getting more exhibitors. At this time, it was decided that the group would contact all the women's organizations in the county to acquaint them with this department.

In September, this Agent held a training meeting to teach the Superintendents the way to use the new entry books. She also worked with them in getting the buildings ready and taking entries.

Prior to the opening of the Fair, this Agent and the Jaycee-Ettes worked at obtaining publicity. This Agent gave radio broadcasts and wrote news articles urging everyone to come and participate.

During the Fair, this Agent worked closely with the County Fair Board to insure that the Home Economics Departments -- both Adult and 4-H -- were running smoothly. Judging was done by Miss Edna Weigen (Maricopa County Home Agent) and Mrs. Pace (former Maricopa County Home Agent). The judging was very satisfactory, but this Agent regrets that the judges were kept judging for such a long period of time. It is planned to have three judges for next year's Fair (1959).

XI. MISCELLANEOUS (continued)

E. ARIZONA STATE COLLEGE

During the year, this Agent has conferred with Home Economics girls referred to her on Home Agent Work. This has been a very pleasant task. She has given girls information about the working of the Extension Service, organizations we work with, and the duties and activities of a Home Agent.

F. ARIZONA HOME ECONOMICS ASSOCIATION

This Agent has served on the Planning Committee for the Northern District Meeting of this organization. It is planned for the program to be helpful to Home Economists who are Homemakers as well as those with employment of different types. Subject matter will be given on Finance, Laundry, and Foods in this connection. The District Meeting will be held December 6th at Flagstaff High School. This Agent was responsible for Invitations.

XII. OUTLOOK AND RECOMMENDATIONS

The outlook for the Home Economics Extension Program in Coconino County is quite favorable. The Agent has now had one complete year of experience in working in the county, and thus has developed a better understanding of the county and best methods of working with its people.

During this year (1958) the two existing Homemakers' Clubs (Cinder Hills and Sedona) have become stronger. One strong Club has been added in the Williams area. If progress continues, it is quite possible that enough Clubs may be organized to have a County Homemakers' Council in the not-too-distant future. This is at least one of the Agent's goals.

Work has been carried on with the Homemakers in Cameron and Fredonia without any formal organization during this year. It has been fairly successful, and it is expected that the same type of work can be carried on again in 1959.

There is a good chance that the Homemakers in the Parks area will take an active part in the Program this year. They have expressed some interest, but no work can be done until spring, as they will not meet during the winter months.

The amount of information supplied to the Homemakers in the form of mass media was greatly increased this year. It is expected that this will continue, and possibly increase, during the coming year. Plans are: To make better-organized use of these media in 1959.

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